



## LITTLE FINS SWIMMING

GROUP SWIM LESSONS FOR BOYS AND GIRLS AGES  
12 MONTHS AND OLDER

### DC RANCH SCHEDULE

MAY, JUNE, JULY & AUGUST

#### Little Fins Swimming

Little Fins offers an incredible array of challenging classes that will bring a lifetime of water fun to your child.

#### Program Features

- Consistent education produces outstanding results. Little Fins offers a variety of classes and recommends a twice a week program for maximum development.
- 30 minute classes
- Class ratios are a maximum of 6 students per instructor (Toddler Fins is parent assisted)
- \$125 per 4 week session (8 classes)
- \$145 per 5 week session (10 classes)
- Monday and Wednesday Schedule

#### Parent Assisted Swim Lessons

##### **Toddler Fins (Ages 12 months - 36 months)**

Description: Water is fun! The child has an adult with him / her at all times. An introduction to aquatic classes through fun, innovative games. Pool safety, confidence in water and basic floating techniques are taught. Will also prepare your child for unassisted classes.

#### Independent Swim Lessons

##### **Mini Fins**

Experience: Child has no swimming experience / requires confidence in water  
Description: For children ready to participate in an aquatic class on their own.  
Skills Taught: Understanding of basic water safety rules, complete water adjustment skills, blow bubbles, supported and unsupported front and back float for 5 seconds, front and back kicking with support, demonstrating alternating arm stroke.

##### **Little Fins**

Experience: Child must be competent at skills taught at the Mini Fins level  
Description: Skills Taught: prone and back glide with kick, coordinated back and front crawl for 5 yards, orientation to deep water, swim 10 yards front crawl with rhythmic breathing, swim 10 yards back crawl, jump into deep water and swim 10 yards, know how to call 911.

##### **Junior Fins**

Experience: Child must be competent at skills taught at the Little Fins level  
Description: Skills Taught: swim 25 yards of front crawl with side breathing, swim 25 yards of back crawl, swim 10 yards of elementary backstroke kicks, swim 10 yards breaststroke kick and sidestroke kicks, treads water for 2 minutes.

#### Private Lessons

Experience: All levels of ability  
If you feel the above classes do not cater to your child, or that you would like to see additional development, private lessons are also available at Aviano or at your home. Please call the office to schedule your private lesson.



480.585.7684 | [info@simplysports.org](mailto:info@simplysports.org) | [simplysports.org](http://simplysports.org)

Register On-Line Today!

[simplysports.org](http://simplysports.org)

or call

480.585.7684

# DC Ranch Schedule for May, June, July & August (limited to residents and guests of DC Ranch)

**May**      **Dates:** 7, 9, 14, 16, 21, 23, 30

**Afternoon Classes (Mon & Weds Class)**

Group	Time	Code
Toddler Fins *	4-4.30 pm	LFA 04
Mini Fins	4.30-5 pm	LFA 05
Little Fins	5-5.30 pm	LFA 06
Junior Fins	5.30-6 pm	LFA 07

**June**      **Dates:** 4, 6, 11, 13, 18, 20, 25, 27

**Morning Classes (Mon & Weds Class)**

Group	Time	Code
Toddler Fins *	10-10.30 am	LFB 01
Mini Fins	10.30-11 am	LFB 02
Little Fins	11-11.30 am	LFB 03

**Afternoon Classes (Mon & Weds Class)**

Group	Time	Code
Toddler Fins *	4-4.30 pm	LFB 04
Mini Fins	4.30-5 pm	LFB 05
Little Fins	5-5.30 pm	LFB 06
Junior Fins	5.30-6 pm	LFB 07

**July/August**      **Dates:** 9, 11, 16, 18, 23, 25, 30, August 1, 6, 8

**Morning Classes (Mon & Weds Class)**

Group	Time	Code
Toddler Fins *	10-10.30 am	LFC 01
Mini Fins	10.30-11 am	LFC 02
Little Fins	11-11.30 am	LFC 03

**Afternoon Classes (Mon & Weds Class)**

Group	Time	Code
Toddler Fins *	4-4.30 pm	LFC 04
Mini Fins	4.30-5 pm	LFC 05
Little Fins	5-5.30 pm	LFC 06
Junior Fins	5.30-6 pm	LFC 07

- \* Parent Assisted
- Class Cost: May/June  
     \$125 per 4 week session (8 classes)  
     July/August  
     \$145 per 5 week session (10 classes)
- Class schedules are subject to change
- Applicants are taken on a first come first serve basis
- There are no make ups due to inclement weather or missed sessions

**Simply Sports | PMB 250 | 21001 N. Tatum Blvd | Phoenix AZ 85050 | O: 480-585-7684 | F: 480-585-7684**

## Registration Form

**Please complete form and mail to:      Simply Sports PMB 250, 21001 N Tatum Blvd., Suite # 78-1630, Phoenix AZ 85050**

**Participant Information (please print clearly)**

Name \_\_\_\_\_ Code \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Sex M / F

**Parent Information (please print clearly)**

Name \_\_\_\_\_

Street \_\_\_\_\_

Phone (home) \_\_\_\_\_

Please provide an email address that is checked regularly **(please print clearly)**

Emergency Contact \_\_\_\_\_

**Participant Information (please print clearly)**

Name \_\_\_\_\_ Code \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Sex M / F

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (cell) \_\_\_\_\_

Email \_\_\_\_\_

Emergency Phone \_\_\_\_\_

**Please include relevant medical information in writing with this application**

*I certify that my child(ren) above is / are in excellent health and are able to participate in physical activity, including soccer. I agree to hold Simply Sports, it's agents, employees and contractors harmless from any and all claims for injuries sustained during my child(ren)'s participation in the program. Permission is granted for my child to receive emergency medical treatment. I grant permission for, and waive any rights to, the use of photographs and motion pictures at any events and their subsequent use in Kicks Kids Enterprise's information.*

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Promotion**      In an effort to improve our customer service, please complete the following section, **how did you hear about us?**

Word of Mouth       School \_\_\_\_\_       Periodicals \_\_\_\_\_       Other \_\_\_\_\_

**Credit Policy**      A credit voucher for full program fee will be issued for any cancellation prior to program. Every attempt will be made to make up sessions lost to bad weather. If your child misses a session or it is cancelled, they can make up time on other programs. We do not offer cash refunds.

**Discount Policy**      Family Discount - \$5 discount per child after 1st child has paid in full

**Payment**      Total Cost \$ \_\_\_\_\_ (Program cost, **\$10 walk on fee added to registration not received by the start of each month**).  
 Checks payable to 'Simply Sports'

**Confirmation**      Please note that your cleared check is confirmation of your registration!

**Office Use**

Rec.  
  
Pay.  
  
Comp.